

Sandwiches

Grilled Turkey Burger.....\$8.95
Fresh Ground Turkey served with Lettuce, Tomato, and Cranberry Mayonnaise
On a Grilled Whole Wheat Bun and served with Crisp Eggplant Fries

Grilled Portabella Mushroom..... \$8.50
Served with Balsamic Marinated Tomatoes, Goat Cheese, and Baby Spinach
On a Grilled Ciabatta Bread

Entrées

**Sautéed Salmon Filet over Roasted Red Pepper Couscous with Wilted Swiss Chard,
Grilled Summer Squash, and a Lemon-Thyme Beurre Blanc\$10.25**

**Omelet with Roasted Mushrooms, Baby Spinach, and Goat Cheese
Served with Potato Hash Browns and Fresh Fruit.....\$8.25**

**Pan Fried Lump Crab Cake served with Field Greens, Shaved Red Onion,
Roasted Red Peppers, Grape Tomatoes and a Caper-Herb Remoulade\$9.25**

**Sautéed Chicken Breast topped with Grilled Asparagus and Fresh Mozzarella
Served over Bacon-Herb Risotto and a Roasted Red Pepper Coulis\$8.95**

Pasta

**Sautéed Shrimp with Basil Pesto, Sun-Dried Tomatoes, Roasted Fennel,
Toasted Pine Nut and Spaghetti.....\$8.95**

**Fresh Mozzarella and Tomato Ravioli served with Crisp Prosciutto, Peas,
And a Roasted Garlic Alfredo.....\$8.95**

**Grilled Vegetable Ratatouille Risotto served with Wilted Arugala
And a Roasted Tomato Broth\$8.75**

Fresh brewed coffee or tea.....\$1.25 Herbal Tea.....\$1.75
Cappuccino.....\$2.95 Latte.....\$2.95 Espresso.....\$1.50

Most menu items are available with alternate, lower fat preparation. Please inform your server
Spring 2009